



Chessie Trail Tracks

Website: www.friendsofthechessietrail.org

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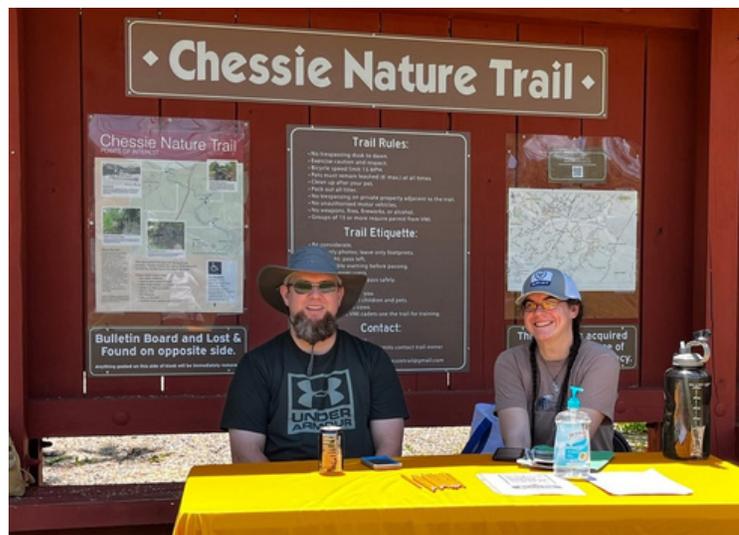
Lots of things have been happening on the Chessie Trail this spring and summer.

The May 15 Kids Fun Run for "marathoners in training" saw a lot of smiles and energy as kids pre-K through eighth grade showed off their skills. All runners got a T-shirt and finishing medal with a train emblem (after all, the trail does follow the old railroad bed!).

The Chessie Trail scavenger hunt was held in celebration of National Trail Day on June 4. Participants found flowers, birds, furry and human friends, tree houses, stick letters, tiny waterfalls, rock structures, toads, waterfowl, and perfect weather.

Vintage Chessie Trail T-shirts were awarded to lucky winners!

The Summer Solstice walk was held at 8 pm on June 18th. Participants enjoyed a guided sunset walk that highlighted the changes on the trail as day shifts into night.



Trail Volunteers at Work



Although the Chessie provides a lot of fun for walkers, cyclists, and events, it takes a lot of work and volunteers to keep it in top shape.

Volunteer cadets helped put down 12 tons of brown trail mix. That's a lot of gravel, but all total, volunteers have put down almost **150 TONS** of gravel so far this year!



Members of the Upper James River Chapter of the Virginia Native Plant Society flagged spring wildflowers on the Lexington end of the trail and created flags to help trail users identify the plants. The documents are available on our website.



Volunteers Susie Trimble, Chris Wise, Scott Rochelle, and Eric Sheffield cleared debris and old trees at Zimmerman's Lock. Ron Ginder followed up with weedeating. All agreed that it was more work than they thought, but it's the first step in trying to preserve the old stonework.



Volunteer!

We always have more maintenance projects coming up. If you enjoy using the trail, consider helping out. Contact us at chessietrail@gmail.com for more information about all our volunteer opportunities. While you don't need to be a member of FOCT to be involved with our committee work, your support as a member is also greatly appreciated!



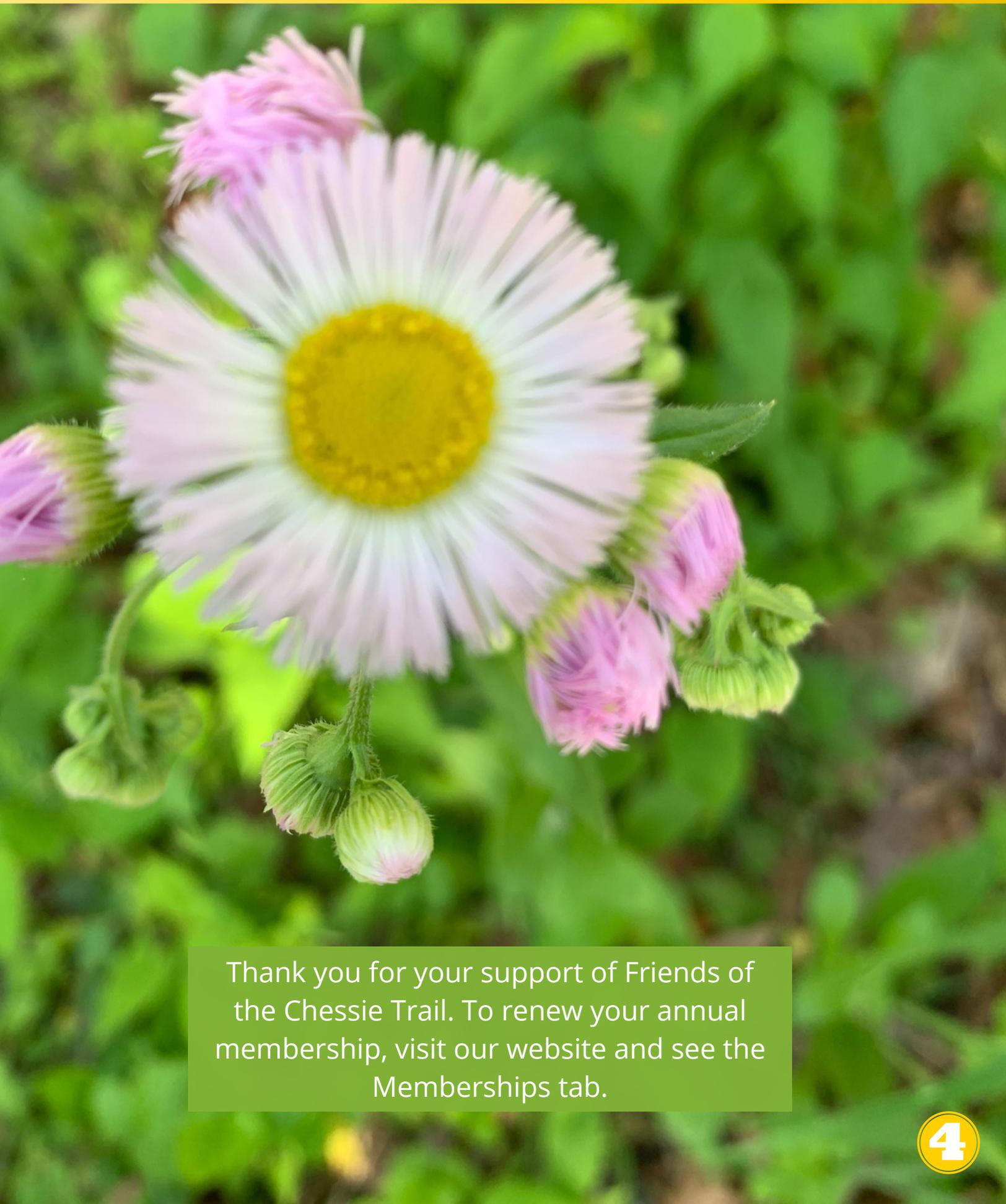
Run The Chessie! October 29, 2022

This year the Marathon, Half Marathon, 5K, and 26.2 Relay are back - and for the first time, we will also be running a 10K! And all four of our race courses have now been certified by USATF!

To register and learn more, visit www.runthechessie.org.

While race day is still many months away, we are already at work preparing. If you would like to volunteer, contact chessietrail@gmail.com

Thank you, Friends of the Chessie Trail!



Thank you for your support of Friends of the Chessie Trail. To renew your annual membership, visit our website and see the Memberships tab.